Week 1

FOOD By Aspens



Autumn Winter 2024-25: 2/9, 23/9, 14/10,

4/11, 25/11, 16/12, 6/1, 27/1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Margherita Pizza Slice and Wedges

EVENT

Creamy Chicken Pasta Bake

Lasagne

Roast Gammon, **Roast Potatoes and** Gravy

> Golden Fish **Fingers** and Chips



MEAT-FREE Veggie Dish

Pepper and Sweetcorn Pizza Slice with Wedges

Cauliflower and Broccoli Cheese Bake

> Vegetable Lasagne

Quorn Sausage, **Roast Potatoes and** Gravy

> **Veggie Fingers** and Chips



RAINBOW

Vegetables and Salads

Sweetcorn

Slaw and Whole **Grain Rice**

Peas and Carrots

Green Beans

Baked **Beans**



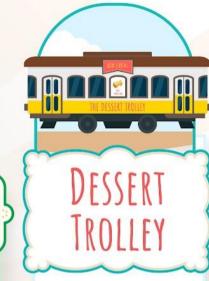
Beans, Cheese or Both

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Beans, Cheese or Both



Toffee Frozen Yoghurt

Sweet Potato Brownie

Forest Fruits Jelly Pots

Cookie Dough Apple Crumble

Jammy **Thumbprint Biscuits**



Homemade

Tomato Sauce

and Cheese

Week 2

FOOD By Aspens



Autumn Winter 2024-25: 9/9, 30/9, 21/10, 11/1, 2/12, 23/12, 13/1, 3/2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVENT

Cheesy Tomato Pizza Muffins

Chicken and Sweetcorn Cobbler

Classic Cottage Pie

Roast Chicken. **Roast Potatoes and** Gravy

> **Battered Fish** and Chips



MEAT-FREE Veggie Dish

BBQ and Sweetcorn Pizza Slice

Cheese and **Onion Puff Pastry Slice**

Roasted Sweet Potato Pastry Roll and Mash

Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions)!

Cheese and **Tomato Toasted** Wrap with Chips



RAINBOW

Vegetables and Salads

Whole Grain Pasta Salad and Green salad

> Herby Diced Potato and **Carrots**

> > Mixed Greens

> > > Peas

Baked Beans



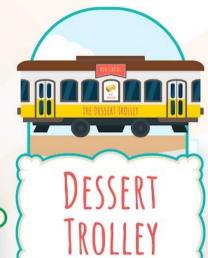
Beans. Cheese or Both

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Beans, Cheese or Both



Toffee Apple Sponge and Custard

Chocolate Sprinkle Iced Cake

Raspberry **Coconut Jelly**

Fresh Fruit Salad

Anzac **Biscuits**



Cheese

Week 3

FOOD FESTIVAL By Aspens



16/9, 7/10, 28/10, 18/11, 9/12, 30/12, 20/1, 10/2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



MÄIN Event

Classic Mac Cheese

Sausage Casserole and Mash

Meatballs in Tomato Sauce with Rice

Roast Chicken, Stuffing, Roast Potatoes and Gravy

> Golden Fish Fingers and Chips



MEAT-FREE
MAGIC
Veggie Dish

Veggie Whole Grain Pasta Bolognese

Vegetable Pot Pie and Mash

Mild Veggie Bean Chilli with Rice

Carrot and Stuffing Pastry Plait

Vegetable Fingers and Chips



RAINBOW Alley

Vegetables and Salads

Carrots

Roast Root Veggies

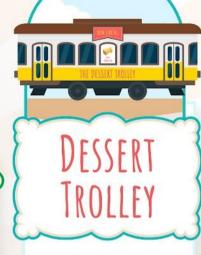
Peas and Sweetcorn

Broccoli

Baked Beans



Beans, Cheese or Both



Marble Cake

Apple, Cinnamon Raisin Flapjacks

Orange and Mango Jelly

Banana Bread Muffins

Gingerbread Cookies



Homemade

Tomato Sauce &

Cheese